

CONTINUING PROFESSIONAL DEVELOPMENT PROGRAMME

JUNE-NOVEMBER 2024



RELATIONSHIPS SCOTLAND
counselling, mediation & family support across

Welcome to the Continuing Professional Development programme. We hope you can join us at our CPD events this year. Our CPD events bring practitioners across Scotland together such as counsellors, family mediators, sex and relationship therapists, supervisors and child contact centre services practitioners.

Practitioners will have an opportunity to hear from presenters from a variety of different fields and countries and share learning. Our aim is to provide events that challenge and inspire, and most of all support you in the development of your practice.

CPD PROGRAMME: JUNE – NOVEMBER 2024

Saturday 8 th June 9.30-4.15pm	Working with Anxiety: A Person-Centred Approach with Children and Young People	Susan Dobson	Children and Young People Counsellors	Page 3
Thursday 13 th June 9.30-4.15pm	Feeling the Fear and Saying it Anyway: Supporting Anxious Children in CCM	Susan Dobson	Child Consultant Mediators	Page 3
In-person Saturday 14 th September 10-4pm	Trauma and Sexual Problems	Silva Neves	Sex and Relationship Therapists and Counsellors	Page 4
In-person Saturday 21 st September 10-4pm	Mental Health and Well-being in Family Mediation	Alison Ebbitt	Family Mediators	Page 5
Rescheduled Event Tuesday 24 th September 9.30-4.15pm	Open and Polyamorous Relationships in Family Mediation	Niki D	Family Mediators	Page 5
Tuesday 1 st October and Tuesday 5 th November 1-4pm	Group Supervision and Supervisors Forum	Mhairi Canning	Mediator Supervisors	Page 6
Thursday 3 rd October 4-6.30pm	Nurturing Neurodiversity in Child Contact Centres	Suz Strachan	Child Contact Centre Practitioners	Page 7
Saturday 2 nd November 9.30-4.15pm	Creating Transformative Conversations in Supervision	Robin Shohet	Counselling Supervisors	Page 8
Saturday 9 th November 9.30-4.15pm	No Hard Feelings: Navigating Masculinity, Vulnerability, and Intimacy in Therapy	Michael Beattie	Counsellors	Page 8
Thursday 14 th November 9.30-4.15pm	Working with Interpreters in Family Mediation	Jess Michaelson/ Nathalie Talbot	Family Mediators	Page 9

CPD events are delivered **online using the Zoom platform** unless otherwise stated. We offer at least one in-person event each calendar year held at **Relationships Scotland National Office, 18 York Place, Edinburgh**. More information about each event can be found in the programme and in the fliers which are available from:

[Training and CPD – Relationships Scotland \(relationships-scotland.org.uk\)](https://relationships-scotland.org.uk)

HOW TO BOOK

Relationships Scotland CPD events are for practitioners who are currently working for a Service that is a Member of Relationships Scotland. Booking early is encouraged as spaces may be limited. Spaces may be open to practitioners from external organisations where appropriate and available. We use an online booking process, the link to the online booking form for each event can be found in the relevant section of this programme and in the flier for the event. The online booking form can be used by:

- Member Services to book on behalf of practitioners.
- Practitioners from Member Services who wish to self-fund.
- Practitioners from external organisations.

If you have any questions about the booking process please contact the relevant administrator: Counselling: Liz Thackwray liz.thackwray@relationships-scotland.org.uk ; Mediation: Cassie Bremner cassie.bremner@relationships-scotland.org.uk ; Child Contact Centre Services: Diana Sinclair diana.sinclair@relationships-scotland.org.uk

BOOKING TERMS

Booking for CPD events will be confirmed by email within 10 days of submission. Please check your inbox and/or junk mail, if you have any issues receiving this email please contact us immediately. Member Services or Self-funded practitioners will be sent an invoice for the course fee before the event, please do not make a payment until you have received this invoice as it will have a unique invoice number for the payment reference.

Cancellations within 14 days of the event and non-attendance will be charged in full. Member Services/practitioners must notify us of any cancellations by email. Where appropriate, Member Services may transfer a place to another attendee if the original person cannot attend, we must be informed of this ahead of the event taking place. If a CPD event is cancelled by Relationships Scotland (because of insufficient numbers or unforeseen circumstances) then all fees will be fully refunded. We are unable to reimburse out-of-pocket expenses, such as travel and accommodation.

In exceptional circumstances, Member Services/practitioners may request a refund of the cost of the training event or a free place at a future event. Examples of exceptional circumstances include admission to hospital at short notice, or a family bereavement. We are unable to reimburse out of pocket expenses, such as travel and accommodation. Requests for refunds or credits for future events will be considered by the Office Bearers Group (Chair, Vice-Chair, Treasurer of the National Office). All request for refunds/free places at future events should be made in writing or by email to the CPD Manager, sonia.bruce@relationships-scotland.org.uk

ACCESSING THE EVENT ONLINE

SYSTEM REQUIREMENTS: The CPD event will usually be delivered using the Zoom platform. You can attend the online session from a private space anywhere using a compatible computer or tablet connected to the internet. You will need to download Zoom to access the session: <https://zoom.us/>. Please make sure you have the most recent version of Zoom. Please note, some organisations have additional security settings that may prevent you from accessing the CPD event on an organisational device. Please also ensure that you have the required bandwidth and internet speed. You can test whether you are able to join a Zoom meeting here: <https://zoom.us/test> Relationships Scotland are unable to provide refunds when there are issues with a participant's IT which prevents them from accessing the CPD event. Please contact the CPD Manager if you are unsure about how to use the technology sonia.bruce@relationships-scotland.org.uk

ACCESSING THE EVENT: A link to the session will be sent out a few days before the event. Please ensure that the email address to which the link should be sent is clear in the Booking Form. It is also important that the Zoom account uses the same name that you used to register for the event. The Relationships Scotland CPD Host will use this information to admit participants into the event and to confirm attendance certificates. The username for your Zoom account can be amended by signing into Zoom and going to the profile section of your account.

ACCESSING THE EVENT IN-PERSON

VENUE: Relationships Scotland National Office, 18 York Place, Edinburgh, EH1 3EP. Refreshments will be available however please bring your own lunch.

ACCESSIBILITY: Please let us know prior to the event if you experience any difficulty with mobility, or if there are any other accessibility issues that we need to be aware of to support your participation in this training. The venue has five steps at the front and ten at the rear and the training room is on the first floor. We have a small lift which runs from the ground floor to the third floor and that cannot be used in the event of fire. A hearing induction loop is available, please confirm before the event if you would like this set up for use.

Working with Anxiety: A Person-Centred Approach with Children and Young People



Date: Saturday 8th June, 9.30-4.15pm

Presenter: Susan Dobson

For: Children and Young Person Counsellors

CPD Points: 6 Category A

Cost: Relationships Scotland Members £60/ Non-Members: £120

Online Booking Form: <https://forms.office.com/e/gXpLRvWPQ2>

Anxiety is a common cause of distress in children and young people, with increasing levels of anxiety being seen across all age ranges in communities post COVID. Person-Centred therapy is a powerful process which provides the safety needed for children and young people to explore and understand their feelings, and to develop the resources needed for them to grow and develop a sense of security, self efficacy and resilience.

This workshop will provide a recap and overview of the person-centred theory of human development, which outlines how anxiety can become so overwhelming for children and young people. We will explore how the conditions of a therapeutic relationship act to lessen anxiety and promote wellbeing, while identifying how to use supports and strategies in a non-directive way consistent with person-centred practice.

Presenter: Susan Dobson is a social worker and psychotherapist with 25 years' experience working with children and young people in the public and private sector. She is a person-centred therapist with a particular interest in psychological trauma, and her in private practice she specialises in working with children and adults who have experienced significant trauma. Susan is also a freelance trainer offering bespoke workshops to counsellors, therapists and other professionals. She is currently a Tutor on the COSCA Certificate in Counselling Skills with Rowan Consultancy.

Feeling the Fear and Saying it Anyway: Supporting Anxious Children in CCM



Date: Thursday 13th June, 9.30-4.15pm

Presenter: Susan Dobson

For: Child Consultant Mediators

CPD Points: 6 Category A

Cost: Relationships Scotland Members £60/ Non-Members: £120

Online Booking Form: <https://forms.office.com/e/ww1aXyKq8d>


Mediation is a powerful tool to ensure children's voices are heard by their parents at a time of high emotion and competing priorities, placing the child at the centre. Children become involved in the CCM process during a time of family break up, change and transition, and can experience high levels of anxiety, which can get in the way of them knowing what they would like to happen and being able to express their views.

This workshop will explore theories of change and transition, giving a context for anxious feelings and helping to identify the right timing to consult with children. We will identify ways to build a quick rapport with children and young people to enable them to engage in mediation in a supportive, beneficial way and look at how we can create space for their anxious feelings while introducing tools to help elicit their views, thoughts and feelings.

Participants will be supported to draw on their existing strengths and qualities, reinforcing existing good practice, while gaining valuable skills to support anxious children to have their voice heard. We will also explore working with children who do not want to express a view about their family situation, ensuring they feel heard and supported in their decision.

Presenter: Susan Dobson is a child protection social worker and psychotherapist with 25 years experience working with children and young people in the public and private sector. She is a person-centred therapist with a particular interest in psychological trauma, and her in private practice she specialises in working with children and adults who have experienced significant trauma. Susan is also a freelance trainer offering bespoke workshops to counsellors, therapist and other professionals. She is currently a Tutor on the COSCA Certificate in Counselling Skills with Rowan Consultancy.



Trauma and Sexual Problems		
Date: In-person Event Saturday 14 th September, 10-4pm	Presenter: Silva Neves	
For: Sex and Relationship Therapists and Counsellors	CPD Points: 6 Category A	
Cost: Relationships Scotland Members £70/ Non-Members: £140		
Online Booking Form: https://forms.office.com/e/6HAKyTPHCa		

We are delighted to welcome Silva Neves to his first **in-person** CPD event with Relationships Scotland. This workshop will focus on how trauma can have an impact on people’s sex lives. Silva will discuss particular types of trauma that most often will affect people’s sex lives such as rape, sexual abuse in childhood, some invasive surgery, accidents on the genital areas, childbirth and sexual betrayal.

The workshop will list the most common sexual problems, and how to assess them: vaginismus, dyspareunia, inhibited sexual desire, anorgasmia, unreliable erections, premature ejaculation, delayed ejaculation, anodyspareunia, as well as core beliefs that get in the way of a satisfying sex life. Silva will explain the main psychosexual therapeutic strategies in working with sexual problems arising from trauma to help therapists with some practical tools that are easy to integrate in their existing practice.

The workshop will also be an opportunity for therapists to self-reflect on the impact of vicarious trauma and their self-care.

Presenter: Silva Neves is a COSRT-accredited and UKCP-registered psychosexual and relationship psychotherapist and a trauma psychotherapist. Silva is a COSRT-accredited clinical supervisor. He is a Course Director for CICS (Contemporary Institute of Clinical Sexology) and speaks internationally. Silva is a member of the editorial board for the leading international journal *Sexual and Relationship Therapy*. Silva is the author of *Compulsive Sexual Behaviours, A Psycho-Sexual Treatment Guide for Clinicians* (Routledge) and *Sexology: The Basics* (Routledge). He also co-edited with Dominic Davies two new volumes of the Pink Therapy series: *Erotically Queer* and *Relationally Queer* (Routledge).
<https://www.silvaneves.co.uk>



Mental Health and Well-being in Family Mediation



Date: **In-person Event** Saturday 21st September, 10-4pm

Presenter: Alison Ebbitt

For: Family Mediators

CPD Points: 6 Category A

Cost: Relationships Scotland Members £70/ Non-Members £140

Online Booking Form: <https://forms.office.com/e/1qrEepyz7J>

This **in-person** CPD event is for family mediators. The session will explore working with clients who are experiencing mental health difficulties and consider how this may impact upon our mediation practice. We will go on to consider the importance of maintaining mental health well-being during the mediation process. The course will help participants better understand:

- Life events and how they impact on our mental health and well-being.
- Anxiety, depression and other mental health problems and how to identify symptoms.
- Self harming behaviours.
- Indicators of suicidal thoughts and how to respond to them safely.
- How to identify risk and work with clients in a safe way.

The CPD event will also provide the opportunity for us to reflect on the impact of the work on our own mental health and well-being and self-care. The delivery of this training will be inclusive and use examples from our own practice.

Presenter: Alison Ebbitt has worked in the field of mental health for many years. She is a qualified social worker and mental health officer and a member of the national training team for Public Health Scotland delivering and advising on mental health training. She is also a qualified counsellor, experienced family mediator and child consultant mediator.

Open and Polyamorous Relationships in Family Mediation



Date: **Re-scheduled event:** Tuesday 24th September, 9.30-4.15pm

Presenter: Niki D

For: Family Mediators

CPD Points:
6 Category A

Cost: Relationships Scotland Members £60/ Non-Members £120

Online Booking Form: <https://forms.office.com/e/YJvTGpwD7L>

Mediators continually need to adapt their practice to a changing socio-cultural landscape with increasingly diverse and fluid relationship structures. This CPD event aims to increase mediators' knowledge and understanding of consensual non-monogamous relationships (CNM). Mediators will go on to consider how mediation can support separating parents and their children when these relationships breakdown.

This session will address the following questions through presentations, handouts, pair conversations, and case scenarios.


- How do mediators take into account co-parenting arrangements and children's views when multiple-partnered relationships break down?

- Do they know how to invite metamours and ‘chosen family’ into mediation discussions?
- Do they understand the values of polyamorous connections?
- Are they aware of the importance of community and the effects of minority stress on people in relationship structures that society does not acknowledge?
- Have they considered the bias against open and polyamorous relationships within the legal system and other regulatory structures?

Niki aims to support mediators in becoming aware of their own possible biases and gain knowledge about the specific challenges and opportunities for separated parenting in relationally diverse ways.

Presenter: Niki D is an existential psychotherapist and supervisor with over thirty years of experience in private practice, statutory and voluntary sectors. She runs a supervision group, GSRD therapy groups, and a therapy group for therapists. As a relationship therapist, Niki works exclusively with GSRD clients (gender, sexual, and relationship diverse) and as a clinical associate of Pink Therapy, she teaches the online module on GSRD relationships. Niki has an MA in Existential Psychotherapy and additional training in GSRD therapy and somatic body therapy. Niki is delivering the UK’s first in-depth CPD on working with clients in open and polyamorous relationships in 2024. www.rainbowrelationships.com



Group Supervision with Mediators		
Date: Tuesday 1 st October, 1-4pm and Tuesday 5th November, 1-4pm	Presenter: Mhairi Canning	
For: Mediation Supervisors	CPD Points: 6 Category A	
Cost: Relationships Scotland Members £30/Non-Members N/A		
Online Booking Form: https://forms.office.com/e/thCs3PEYD9		

This CPD event for Mediation Supervisors takes place over two sessions for Relationships Scotland members, participants are expected to attend both sessions.

Session1: Group supervision offers opportunities for learning and growth as a practitioner. Being an effective group supervisor is a balancing act that requires skill. In this session we will consider the purpose and function of Group Supervision and a range of different approaches. We will also consider the theories that underpin good practice, the importance of clear contracting and will explore the challenge of balancing the task of the group versus group process.

Session 2: this session is a learning forum. Mediation supervisors will explore the learning from the Group Supervision session and will have the opportunity to take part in a group supervision session.

Presenter: Mhairi Canning is the Registration and Supervision Manager at Relationships Scotland. She oversees registration and provides support for supervision in the network. She is a qualified and experienced trainer. She has been a Relationship Counsellor since 1997 and a Supervisor since 2004. She has a small private practice.



Nurturing Neurodiversity in Child Contact Centres



Date: Thursday 3rd October, 4-6.30pm

Presenter: Suz Strachan

For: Child Contact Centre Practitioners

CPD Points: 2.5 Category A

Cost: Relationships Scotland Members £25/ Non-Members n/a

Online Booking Form: <https://forms.office.com/e/bhDBdj2qM6>

This event will be an online interactive session, with opportunities for discussion and trying out practical tools including SensationALL's uniquely developed ICEAS and 360 profile.

Participants will learn how neuroscience, sensory issues and trauma impact on self-regulation and relationships, and the importance of supportive environmental considerations. There will be an introduction to easily accessible tools and techniques including the promotion of self-awareness & co-regulation. Participants will consider their application within their own current and future practice.

The event will aim to present practical approaches that can be adapted to meet the needs of children and their families using child contact centres who struggle to autonomously self-regulate and may present with neurodiversity or underlying trauma.

Presenter: Suz Strachan is a Clinical Consultancy Manager and Occupational Therapist. Suz has extensive personal experience of neurodiverse conditions including; dyslexia, ADHD, autism, Down's syndrome, Treacher Collins Syndrome and learning disability, both as a mother of 2 grown-up children and as a self-identified neurodivergent adult. She is an HCPC registered Occupational Therapist and has over 30 years of experience of working in the field of support needs, working with all ages of individuals and families in both health and education fields. Suz is the co-Founder of neurodiversity charity SensationALL, set up in 2012 to promote inclusive differences and provide therapy-based services & activities for individuals with any disability or support need. She has contributed to research papers, a book chapter, school-wide used resources, Public Health funded test of change project and now leads the training and consultancy services of SensationALL.

Creating Transformative Conversations in Supervision



Date: Saturday 2nd November, 9.30-4.15pm

Presenter: Robin Shohet

For: Counselling Supervisors

CPD Points: 6 Category A

Cost: Relationships Scotland Members £60/ Non-Members £120

Online Booking Form: <https://forms.office.com/e/HFY8FgZXcM>

Supervision offers a space for reflection. At its best it is a collaborative venture between supervisor and supervisee in the service of clients. I remember clearly my first supervision and thinking this is better than therapy because I have to apply what I am learning. Having supervised for over forty years, and benefited enormously from being supervised, I feel very protective of the space. I see how easily it can be eroded by a fear driven culture that is obsessed with outcomes and minimising risk.

In this workshop we will start by looking at how the supervisee can feel empowered in the relationship and then see how both parties can enter a space where it is safe to be vulnerable, take risks and nurture the flame that brought us into the work.

The day will be experiential, so each person will get something different but expect the unexpected and be open to not knowing.

Presenter: Robin Shohet has been supervising since 1976. He has edited and co-authored many books on Supervision, the latest with Joan Shohet titled *In Love with Supervision*. His next one due out late 2024 is *Supervision as Spiritual Practice*.



No Hard Feelings: Navigating Masculinity, Vulnerability, and Intimacy in Therapy



Date: Saturday 9th November 9.30-4.15pm

Presenter: Dr Michael Beattie

For: Counsellors

CPD Points: 6 Category A

Cost: Relationships Scotland Members £60/ Non-Members £120

Online Booking Form: <https://forms.office.com/e/cc48agCqAu>

The ways in which masculinity is experienced and understood are not fixed and they continue to be challenged and changed over time. Traditional, orthodox ways of being masculine in Western cultures are actively being challenged and questioned and the phrase 'Toxic Masculinity' has entered everyday discourse. As more inclusive, emotionally sensitive ways of being masculine are emerging, we are also seeing resistance to change exemplified in the rise of social frameworks that valorise traditional masculine norms of self-reliance, winners-and-losers and homogeneity over diversity.

Against this backdrop, this interactive workshop focuses on two areas of interest for those working therapeutically with male clients:

- **Masculinity and the Challenge of Vulnerability:** will explore how men and boys perceive manhood and the psychological conflicts arising from traditional masculine expectations and their impact on mental health. The session offers practical tools for therapists to help men express emotions safely, including creating non-judgmental spaces, psychological education, overcoming emotional barriers, enhancing communication skills, and self-care and stress management techniques tailored for men.
- **Masculine Embodiment, Intimacy and Sexuality:** delves into how men engage with the norm of 'physical toughness,' discussing its impact on body image, including issues like eating disorders and body dysmorphia. The session further investigates the interplay between intimacy, vulnerability, and traditional masculine sexual roles, considering how pornography influences male sexual self-perception and the effects of sexual dysfunction on self-identity. Throughout, we focus on addressing the core challenges men face in love, sex, and relationships, emphasising the need to work affirmatively with masculine vulnerability and shame whilst offering strategies to assist men in breaking free from unhelpful ways of relating and patterns of intimacy.

Presenter: Dr Michael Beattie is an HCPC Registered Chartered Counselling Psychologist with a research interest in the psychology of men and masculinities. He has worked in the field of sexuality, sexual identity and sexual health as well as with issues of gender identity and gender dysphoria. His book *Counselling Skills for Working with Gender Identity & Gender Dysphoria* was published with colleagues by Jessica Kingsley in 2018 and a second book *Gender Affirming Therapy: A Guide to What Transgender and Non-Binary Clients Can Teach Us* was published with colleagues by Open University Press in May 2023. He currently works as a Counselling Psychologist in private practice as well as devising and delivering training and CPD for mental health professionals in the field of gender both individually and in collaboration with colleagues.



Working with Interpreters in Family Mediation		
Date: Thursday 14 th November 9.30-4.15pm	Presenter: Jess Michaelson and Nathalie Talbot	
For: Family Mediators	CPD Points: 6 Category A	
Cost: Relationships Scotland Members £60/ Non-Members £120		
Online Booking Form: https://forms.office.com/e/SDnRyRuayv		

Working with interpreters is an important skill that allows us to ensure our Services are fully accessible to those who do not speak sufficient English. This training day will help you build the knowledge, skills and confidence required to work effectively with community language interpreters in family mediation sessions. Jess and Nathalie will share their learning from practice - Jess as a psychotherapist and Nathalie as an interpreter with over 20 years' experience of working and training on this topic.

In this session, participants will have the opportunity to engage in small group exercises, role play, discussions, and presentations. They will develop their expertise in learning how to work with interpreters and consider how to apply this to their mediation practice.

Presenters: Jess Michaelson is a psychotherapist, supervisor and trainer with over 20 years' experience of working with traumatised adults from diverse communities, in particular with refugee survivors of human rights abuses. Jess offers training on different themes of working with refugees including: working with interpreters; therapeutic work with refugees, mental health deterioration and risk, and vicarious trauma and self-care. Jess provides supervision to frontline workers that offers a chance to explore the personal/professional impact of their work as well as on managing the impact of mental health distress. Jess spent 18 years working as a psychotherapist, supervisor and trainer for Freedom from Torture offering psychotherapy to traumatised survivors of torture. Jess has a longstanding passion for human rights as well as interest in the therapist's journey when developing their work with survivors of human rights abuses. Jess has written a chapter "Holding hope: the challenge for therapists working with survivors of torture" in Psychological Therapies for Survivors of Torture: A Human Rights approach for people seeking asylum. Boyles, J (ed) 2017. Jess also works part time as a senior psychotherapist for an NHS secondary care psychological therapy service.

Nathalie Talbot used to be a bilingual assistant at the Ethnic Diversity Service in Stockport, helping refugee children in primary schools. Nathalie speaks French and Russian and has worked as a freelance interpreter and trainer at a torture rehabilitation Centre in Manchester since 2003. She has supported interpreters working in a refugee camp with the charity Medical Justice. She was teaching the Ascentis Level 3 course in Community Interpreting until 2023 and designed two modules on interpreting in a mental health setting and working with trafficked children. She is currently delivering training workshops for the Refugee Council. She has co-written an article and a book with Jude Boyles, a BACP Senior Accredited Psychological Therapist, on the triadic relationship: "We cannot talk if we do not feel free" in Therapy Today (2015) "Working with Interpreters in Psychological Therapy: The Right to Be Understood", Routledge (2017)

SAVE THE DATE
Saturday 1st February 2025,
Working with Interpreters in Counselling.

Join Jess and Nathalie in this CPD event specifically designed for counsellors.
Further information in our next CPD programme – available November 2024.

OTHER CPD NEWS.....

ADDITIONAL CPD EVENT: Child Contact Centre Practitioners

We are planning an additional CPD event for child contact centre practitioners in the Autumn: 'Understanding Mental Health and Well-being for Parents Using a Contact Centre'. More details to follow.

SAVE THE DATE: Tuesday 12th November, 4-6.30pm

FREE LEARNING EXCHANGE EVENTS

Learning Exchange events are delivered online using Zoom and are an opportunity for practitioners on Relationships Scotland Registers to share learning about specific practice areas. The Learning Exchange events are open to Relationships Scotland Members only. They are free and attendance may be used for Category B CPD points. More information and booking forms available in August 2024.

SAVE THE DATE

- **Wednesday 2nd October 2024, 10-12.30pm.** Learning Exchange for Child Consultant Mediators: Consultation with Children and Young People in Mediation.
- **Saturday 5th October 2024, 10-12.30pm.** Learning Exchange for Counsellors: Working with Clients in Open and Polyamorous Relationships.

CPD PRESENTERS

We recognise the wealth of talent throughout the Relationships Scotland Network and we are keen to share knowledge and best practice across our Network and beyond. If you are an experienced practitioner and trainer, and would like to discuss any ideas for the delivery of a future CPD event as part of our National Programme, please contact: sonia.bruce@relationships-scotland.org.uk

CPD FEEDBACK

Thanks to everyone for completing the post-CPD evaluation forms. We really value your feedback. It is particularly helpful to get ideas for future events or presenters and we look forward to hearing more from you all throughout the year.



Relationships Scotland National Office is a charity and non-profit organisation. Any fees to participate in CPD events will be used to cover additional costs related to the event alongside supporting our network of 21 Member Services working with individuals, couples, parents, children and families experiencing relationship difficulties