

# Creating Transformative Conversations in Supervision

**Date: Saturday 2<sup>nd</sup> November 2024**

**Time: 9.30-4.15pm**

**Venue: Online via Zoom**

**For: Counselling Supervisors**

**Presenters: Robin Shohet**

**Cost: RS Members £60/  
Non-Members £120**

**CPD Category A Points: 6**



Supervision offers a space for reflection. At its best it is a collaborative venture between supervisor and supervisee in the service of clients.

I remember clearly my first supervision and thinking this is better than therapy because I have to apply what I am learning. Having supervised for over forty years, and benefited enormously from being supervised, I feel very protective of the space. I see how easily it can be eroded by a fear driven culture that is obsessed with outcomes and minimising risk.

In this workshop we will start by looking at how the supervisee can feel empowered in the relationship and then see how both parties can enter a space where it is safe to be vulnerable, take risks and nurture the flame that brought us into the work.

The day will be experiential, so each person will get something different but expect the unexpected and be open to not knowing.

**Learning Outcomes:** By the end of the session participants will:

- Be more able to be their authentic selves in their role as supervisor.
- Have explored how the supervisee can feel empowered in the supervisory relationship.
- Have considered how supervision can be a space where it is safe to be vulnerable and take risks.

**Presenter:** Robin Shohet has been supervising since 1976. He has edited and co-authored many books on Supervision, the latest with Joan Shohet titled *In Love with Supervision*. His next one due out late 2024 is *Supervision as Spiritual Practice*.

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## HOW TO BOOK

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Relationships Scotland CPD events are for practitioners who are currently working for a Service that is a Member of Relationships Scotland. Booking early is encouraged as spaces may be limited. Spaces may be open to practitioners from external organisations where appropriate and available. We use an online booking process, the link to the online booking form for each event can be found in the relevant section of this programme and in the flier for the event. The online booking form can be used by:

- Member Services to book on behalf of practitioners.
- Practitioners from Member Services who wish to self-fund.
- Practitioners from external organisations (when spaces are available).

The link to the online booking form for this event can be found here: <https://forms.office.com/e/HFY8FgZXcM>

If you have any questions about the booking process please contact Liz Thackwray:  
[liz.thackwray@relationships-scotland.org.uk](mailto:liz.thackwray@relationships-scotland.org.uk)

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## BOOKING TERMS

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Booking for CPD events will be confirmed by email within 10 days of submission. Please check your inbox and/or junk mail, if you have any issues receiving this email please contact us immediately. Member Services or Self-funded practitioners will be sent an invoice for the course fee before the event, please do not make a payment until you have received this invoice as it will have a unique invoice number for the payment reference.

Cancellations within 14 days of the event and non-attendance will be charged in full. Member Services/practitioners must notify us of any cancellations by email. Where appropriate, Member Services may transfer a place to another attendee if the original person cannot attend, we must be informed of this ahead of the event taking place. If a CPD event is cancelled by Relationships Scotland (because of insufficient numbers or unforeseen circumstances) then all fees will be fully refunded. We are unable to reimburse out-of-pocket expenses, such as travel and accommodation.

In exceptional circumstances, Member Services/practitioners may request a refund of the cost of the training event or a free place at a future event. Examples of exceptional circumstances include admission to hospital at short notice, or a family bereavement. We are unable to reimburse out of pocket expenses, such as travel and accommodation. Requests for refunds or credits for future events will be considered by the Office Bearers Group (Chair, Vice-Chair, Treasurer of the National Office). All request for refunds/free places at future events should be made in writing or by email to the CPD Manager, [sonia.bruce@relationships-scotland.org.uk](mailto:sonia.bruce@relationships-scotland.org.uk)

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## SYSTEM REQUIREMENTS

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The session will be delivered using the Zoom platform. You can attend this CPD event from a private space anywhere using a compatible computer or tablet connected to the internet. You will need to download Zoom to access the session: <https://zoom.us/> Please make sure you have the most recent version of Zoom. Please note, some organisations have additional security settings that may prevent you from accessing the CPD event on an organisational device.

Please also ensure that you have the required bandwidth and internet speed. You can test whether you are able to join a Zoom meeting here: <https://zoom.us/test> Relationships Scotland are unable to provide refunds when there are issues with a participant's IT which prevent them from accessing the CPD event. Please contact the CPD Manager if you are unsure about the use of the technology [sonia.bruce@relationships-scotland.org.uk](mailto:sonia.bruce@relationships-scotland.org.uk)

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## ACCESSING THE EVENT ONLINE

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A link to the session will be sent out a few days before the event. Please ensure that the email address to which the link should be sent is clear in the Booking Form. It is also important that the Zoom account uses the same name that you used to register for the event. The Relationships Scotland CPD Host will use this information to admit participants into the event and to confirm attendance certificates. The username for your Zoom account can be amended by signing into Zoom and going to the profile section of your account.

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