

The Missing Link



Date	Saturday 31st May 2025
Time	10am-4.30pm
Venue	Relationships Scotland National Office, 18 York Place, Edinburgh, EH1 3EP
For	Counsellors/Therapists
Presenters	Miriam Taylor
Cost	RS Members £70/ Non-Members £140
CPD Points	6.5 Category A Points
Booking	Secure your place HERE

It is often the case that the body tells the story for which words cannot be found, and we need to find ways to listen to the story behind the symptoms.

This in-person workshop will introduce some of the ideas and techniques which can lead to understanding and resolving some of the somatic markers of trauma.

Starting from a theoretical base developed both from neuroscience and existential phenomenology, the body will be considered as the primary organiser and integrator of traumatic experience.

A particular focus will be on experiential aspects of working with arousal, sensation and movement, and consideration will be given to trauma-based fears associated with connecting with the bodily self.

Learning Outcomes: By the end of the day participants will be able to:

- Describe the neurobiology of trauma.
- Recognise somatic memory – implicit and procedural learning.
- Explain embodied resonance and the therapist – reading the story.
- Recognise arousal as a whole body experience.
- Apply the phenomenological method- reconnecting with the lived body.

Spaces for this event are limited – Book early to secure your place.

Presenter: **Miriam Taylor** is a UKCP registered Gestalt psychotherapist (non-clinical), supervisor and trainer. Having retired from clinical practice in which she specialised in trauma for over twenty-five years, Miriam now includes aspects of collective trauma, social justice issues and climate change in her thinking on trauma. Based in embodied practice, her interest is in the formation of the traumatised relational field, leading to an ecological perspective. She teaches in the UK and internationally and is on the Leadership Team of Relational Change. Publications include: 'Trauma Therapy and Clinical Practice' (2014); 'Deepening Trauma Practice' (2021), and several peer reviewed and invited articles.

HOW TO BOOK

Relationships Scotland CPD events are for practitioners who are currently working for a Service that is a Member of Relationships Scotland. Booking early is encouraged as spaces may be limited. Spaces may be open to practitioners from external organisations where appropriate and available. We use an online booking process, the link to the online booking form for this event can be found [HERE](#). The online booking form can be used by:

- Member Services to book on behalf of practitioners.
- Practitioners from Member Services who wish to self-fund.
- Practitioners from external organisations, when spaces are available.

If you have any questions about the booking process please contact:

Liz Thackwray: Liz.Thackwray@relationships-scotland.org.uk

BOOKING TERMS

Booking for CPD events will be confirmed by email within 10 days of submission. Please check your inbox and/or junk mail, if you have any issues receiving this email please contact us immediately. Only participants that have received a booking confirmation email will be able to access the event. Member Services or Self-funded practitioners will be sent an invoice for the course fee before the event, please do not make a payment until you have received this invoice as it will have a unique invoice number for the payment reference.

Cancellations within 14 days of the event and non-attendance will be charged in full. Member Services/practitioners must notify us of any cancellations by email. Where appropriate, Member Services may transfer a place to another attendee if the original person cannot attend, we must be informed of this ahead of the event taking place. If a CPD event is cancelled by Relationships Scotland (because of insufficient numbers or unforeseen circumstances) then all fees will be fully refunded. We are unable to reimburse out-of-pocket expenses, such as travel and accommodation.

In exceptional circumstances, Member Services/practitioners may request a refund of the cost of the training event or a free place at a future event. Examples of exceptional circumstances include admission to hospital at short notice, or a family bereavement. We are unable to reimburse out of pocket expenses, such as travel and accommodation. Requests for refunds or credits for future events will be considered by the Office Bearers Group (Chair, Vice-Chair, Treasurer of the National Office). All request for refunds/free places at future events should be made in writing or by email to the CPD Manager, sonia.bruce@relationships-scotland.org.uk

ACCESSING THE EVENT IN-PERSON

VENUE: Relationships Scotland National Office, 18 York Place, Edinburgh, EH1 3EP. Refreshments will be available however please bring your own lunch.

ACCESSIBILITY: Please let us know prior to the event if you experience any difficulty with mobility, or if there are any other accessibility issues that we need to be aware of to support your participation in this training. The venue has five steps at the front and ten at the rear and the training room is on the first floor. We have a small lift which runs from the ground floor to the third floor and that cannot be used in the event of fire. A hearing induction loop is available, please confirm before the event if you would like this set up for use.