

Nurturing Neurodiversity in Child Contact Centres

Dates: Thursday 3rd October 2024

Time: 4.00-6.30pm

Venue: Online via Zoom

**For: Child Contact Centre
Practitioners**

Presenter: Suz Strachan

**Cost: RS Members £25/
Non-Members n/a**

CPD Category A Points: 2.5

This event will be an online interactive session, with opportunities for discussion and trying out practical tools including SensationALL's uniquely developed ICEAS and 360 profile.

Participants will learn how neuroscience, sensory issues and trauma impact on self-regulation and relationships, and the importance of supportive environmental considerations. There will be an introduction to easily accessible tools and techniques including the promotion of self-awareness & co-regulation. Participants will consider their application within their own current and future practice.

The event will aim to present practical approaches that can be adapted to meet the needs of children and their families using child contact centres who struggle to autonomously self-regulate and may present with neurodiversity or underlying trauma.

Learning Outcomes: By the end of the session participants will be able to:

- Describe neurodiversity, including common and co-existing neurodivergent presentations.
- Recognise processing difficulties that may impact on sensory and self-regulation, including the importance of neuroception and polyvagal theory.
- Consider use of accessible recording materials in their own practice and increase awareness of accommodating practice. Including inclusive approaches and strategies for effective communication, environmental adaptations and sensory considerations.
- Explore promotion of parental regulation experiences and empowerment of their own self-regulation solutions.

Presenter: Suz Strachan is a Clinical Consultancy Manager and Occupational Therapist. Suz has extensive personal experience of neurodiverse conditions including; dyslexia, ADHD, autism, Down's syndrome, Treacher Collins Syndrome and learning disability, both as a mother of 2 grown-up children and as a self-identified neurodivergent adult. She is an HCPC registered Occupational Therapist and has over 30 years of experience of working in the field of support needs, working with all ages of individuals and families in both health and education fields. Suz is the co-Founder of neurodiversity charity SensationALL, set up in 2012 to promote inclusive differences and provide therapy-based services & activities for individuals with any disability or support need. She has contributed to research papers, a book chapter, school-wide used resources, Public Health funded test of change project and now leads the training and consultancy services of SensationALL.

HOW TO BOOK

This event is designed for child contact centre practitioners who are currently working in a Service that is a Member of Relationships Scotland. Booking early is encouraged as spaces may be limited. We use an online booking process which can be used by:

- Member Services to book on behalf of practitioners.
- Practitioners from Member Services who wish to self-fund.

The link to the online booking form for this event can be found here: <https://forms.office.com/e/bhDBdj2qM6>

If you have any questions about the booking process, please contact Diana Sinclair:
diana.sinclair@relationships-scotland.org.uk

BOOKING TERMS

Booking for CPD events will be confirmed by email within 10 days of submission. Please check your inbox and/or junk mail, if you have any issues receiving this email please contact us immediately. Member Services or Self-funded practitioners will be sent an invoice for the course fee before the event, please do not make a payment until you have received this invoice as it will have a unique invoice number for the payment reference.

Cancellations within 14 days of the event and non-attendance will be charged in full. Member Services/practitioners must notify us of any cancellations by email. Where appropriate, Member Services may transfer a place to another attendee if the original person cannot attend, we must be informed of this ahead of the event taking place. If a CPD event is cancelled by Relationships Scotland (because of insufficient numbers or unforeseen circumstances) then all fees will be fully refunded. We are unable to reimburse out-of-pocket expenses, such as travel and accommodation.

In exceptional circumstances, Member Services/practitioners may request a refund of the cost of the training event or a free place at a future event. Examples of exceptional circumstances include admission to hospital at short notice, or a family bereavement. We are unable to reimburse out of pocket expenses, such as travel and accommodation. Requests for refunds or credits for future events will be considered by the Office Bearers Group (Chair, Vice-Chair, Treasurer of the National Office). All request for refunds/free places at future events should be made in writing or by email to the CPD Manager, sonia.bruce@relationships-scotland.org.uk

SYSTEM REQUIREMENTS

The session will be delivered using the Zoom platform. You can attend this CPD event from a private space anywhere using a compatible computer or tablet connected to the internet. You will need to download Zoom to access the session: <https://zoom.us/> Please make sure you have the most recent version of Zoom. Please note, some organisations have additional security settings that may prevent you from accessing the CPD event on an organisational device.

Please also ensure that you have the required bandwidth and internet speed. You can test whether you are able to join a Zoom meeting here: <https://zoom.us/test> Relationships Scotland are unable to provide refunds when there are issues with a participant's IT which prevent them from accessing the CPD event. Please contact the CPD Manager if you are unsure about the use of the technology sonia.bruce@relationships-scotland.org.uk

ACCESSING THE EVENT ONLINE

A link to the session will be sent out a few days before the event. Please ensure that the email address to which the link should be sent is clear in the Booking Form. It is also important that the Zoom account uses the same name that you used to register for the event. The Relationships Scotland CPD Host will use this information to admit participants into the event and to confirm attendance certificates. The username for your Zoom account can be amended by signing into Zoom and going to the profile section of your account.

