



**RELATIONSHIPS**  
counselling, mediation  
& family support across **SCOTLAND**

## Shuttle Mediation

**Date: Wednesday 7<sup>th</sup> February**

**Time: 9.30-4.15pm**

**Venue: Online via Zoom**

**For: Family Mediators**

**Presenters: Shona Manson  
and Rhona Wilson**

**Cost: RS Members £60/  
Non-Members £120**

**CPD Category A Points: 6**

This workshop will invite participants to explore the use of shuttle mediation, both in-person and online, in their work with separated parents.

Initially we will summarise what we mean when we are talking about Shuttle Mediation before going on to examine the use of individual sessions as part of the mediation process and some of the similarities and differences between the two approaches.

Participants will explore different models of shuttle mediation and consider their use, their similarities and differences alongside their benefits and disadvantages.

The workshop will be experiential and provide mediators with the opportunity to practice the delivery of shuttle mediation using effective shuttle techniques and reflect upon the experience as mediation participants.

**Learning Outcomes:** By the end of the day participants will be able to:

- Describe shuttle mediation and the different delivery models.
- Consider the benefits and disadvantages of shuttle mediation.
- Demonstrate effective shuttle mediation techniques.
- Confidently discuss and explore the use of shuttle mediation with parents.

### Presenters:

**Shona Manson** has worked as a family mediator for 17 years. During this time she has grown and developed the family mediation service in Shetland before returning to work in children's social work in 2022. Shona is experienced in the delivery of child focused mediation alongside work with families intergenerationally, work place mediation and the development of teams using mediation and systemic theories. She has been innovative in developing the use of shuttle mediation in Relationships Scotland–Shetland and keen to explore its use with mediators from across the network.

**Rhona Wilson** has worked as mediator for 18 years in the community, family, workplace and Additional Support Needs settings. She is experienced in the use of shuttle mediation as a tool, particularly in community mediation, and has experience of using this form of mediation flexibly to suit the needs of the conflict and the parties. This might range from a brief shuttle exchange during engagement to more complex, high conflict situations.

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## HOW TO BOOK

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Relationships Scotland CPD events are for practitioners who are currently working for a Service that is a Member of Relationships Scotland. Booking early is encouraged as spaces may be limited. Spaces may be open to practitioners from external organisations where appropriate and available. We use an online booking process, the link to the online booking form for each event can be found in the relevant section of this programme and in the flier for the event. The online booking form can be used by:

- Member Services to book on behalf of practitioners.
- Practitioners from Member Services who wish to self-fund.
- Practitioners from external organisations (when spaces are available).

The link to the online booking form for this event can be found here: <https://forms.office.com/e/FkiJjA9Uzs>

If you have any questions about the booking process please contact Cassie Bremner:  
[cassie.bremner@relationships-scotland.org.uk](mailto:cassie.bremner@relationships-scotland.org.uk)

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## BOOKING TERMS

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Booking for CPD events will be confirmed by email within 10 days of submission. Please check your inbox and/or junk mail, if you have any issues receiving this email please contact us immediately. Member Services or Self-funded practitioners will be sent an invoice for the course fee before the event, please do not make a payment until you have received this invoice as it will have a unique invoice number for the payment reference.

Cancellations within 14 days of the event and non-attendance will be charged in full. Member Services/practitioners must notify us of any cancellations by email. Where appropriate, Member Services may transfer a place to another attendee if the original person cannot attend, we must be informed of this ahead of the event taking place. If a CPD event is cancelled by Relationships Scotland (because of insufficient numbers or unforeseen circumstances) then all fees will be fully refunded. We are unable to reimburse out-of-pocket expenses, such as travel and accommodation.

In exceptional circumstances, Member Services/practitioners may request a refund of the cost of the training event or a free place at a future event. Examples of exceptional circumstances include admission to hospital at short notice, or a family bereavement. We are unable to reimburse out of pocket expenses, such as travel and accommodation. Requests for refunds or credits for future events will be considered by the Office Bearers Group (Chair, Vice-Chair, Treasurer of the National Office). All request for refunds/free places at future events should be made in writing or by email to the CPD Manager, [sonia.bruce@relationships-scotland.org.uk](mailto:sonia.bruce@relationships-scotland.org.uk)

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## SYSTEM REQUIREMENTS

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The session will be delivered using the Zoom platform. You can attend this CPD event from a private space anywhere using a compatible computer or tablet connected to the internet. You will need to download Zoom to access the session: <https://zoom.us/> Please make sure you have the most recent version of Zoom. Please note, some organisations have additional security settings that may prevent you from accessing the CPD event on an organisational device.

Please also ensure that you have the required bandwidth and internet speed. You can test whether you are able to join a Zoom meeting here: <https://zoom.us/test> Relationships Scotland are unable to provide refunds when there are issues with a participant's IT which prevent them from accessing the CPD event. Please contact the CPD Manager if you are unsure about the use of the technology [sonia.bruce@relationships-scotland.org.uk](mailto:sonia.bruce@relationships-scotland.org.uk)

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## ACCESSING THE EVENT ONLINE

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A link to the session will be sent out a few days before the event. Please ensure that the email address to which the link should be sent is clear in the Booking Form. It is also important that the Zoom account uses the same name that you used to register for the event. The Relationships Scotland CPD Host will use this information to admit participants into the event and to confirm attendance certificates. The username for your Zoom account can be amended by signing into Zoom and going to the profile section of your account.

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