

Understanding ADHD

**Date: Thursday 21st March and
Thursday 25th April**

Time: 4.00-6.00pm

Venue: Online via Zoom

**For: Child Contact Centre
Practitioners**

**Presenter: Dr Hilary Maddox and
Dr Beth Ross-Gillies**

**Cost: RS Members £40/
Non-Members n/a**

CPD Category A Points: 4



This event takes place over two sessions. Participants are expected to attend both sessions. The workshops will develop practitioners' understanding of ADHD and the impact on children, young people and their parents/carers.

The sessions will enable participants to understand ADHD, its diagnosis and treatment and neurodevelopment. They will also discuss the overlaps between ADHD and other development conditions such as Autistic Spectrum Disorders, Foetal Alcohol Disorder and developmental trauma.

The impact on child development will be explored alongside the challenges for parents/carers and the sessions will provide practical guidance on supporting children and young people with ADHD and their parents/carers.

Practitioners will be provided with reflective practice tasks to undertake between the two sessions to enable them to consider how their understanding of ADHD can be incorporated into their work with children and families in child contact centres, in order to best support children, young people and their parents/carers.

Learning Outcomes: By the end of the two sessions participants will:

- Have a good understanding of what ADHD is and how it is diagnosed and treated.
- Understand the developmental impact of ADHD on children and young people.
- Have knowledge of the impact of ADHD in adults.
- Be aware of the complexity of associated developmental conditions.
- Have a good understanding of approaches which can support children and young people with ADHD and their parents/carers.

Presenters: **Dr Hilary Maddox** completed her post-graduate Clinical Psychology Doctorate at the University of Glasgow (1996-1999). She then worked in the Child and Family Psychiatry Service and at the Scottish Centre for Autism in Glasgow, before joining the Paediatric Psychology Service at The Royal Hospital for Sick Children, Glasgow in 2001. In 2007 Hilary was appointed as a Consultant Clinical Psychologist in NHS Fife, with a lead responsibility for Paediatric Psychology and ADHD services across the region. She was appointed as Head of Service for Child and Family Psychology in 2016 and continues her clinical work in ADHD in NHS Fife. She is the co-developer of the Parents Inc Programme for parents and carers of children with ADHD, which is used across Scotland to support families with children with ADHD. The University of Glasgow recently completed an RCT with the Parents Inc programme and Hilary remains committed to supporting children, and young people with ADHD and their families through her clinical role and training for staff across health, education and social care

Dr Beth Ross-Gillies is an NHS Fife Child Clinical Psychologist specialising in ADHD. She has a long standing interest in ADHD, having completed her Doctoral thesis on the 'Experience of Adolescents growing up with ADHD'. Later as a qualified Clinical Psychologist Beth returned to Edinburgh University to provide specialist ADHD lectures for post-graduate Doctoral Clinical Psychology students. Beth's current NHS role involves providing specialist clinical psychological support for children and adolescents with ADHD, and psychological consultation in the diagnostic assessment of complex cases. Beth is particularly involved in supporting parents and carers of young people with ADHD. She delivers Parents Inc groups for parents of primary school age children and has also developed unique courses, both face to face and online, specifically for parents of adolescents with ADHD; (Young People In Control, YPInc) and for Education Staff (Teach Inc).

HOW TO BOOK

This event is designed for child contact centre practitioners who are currently working in a Service that is a Member of Relationships Scotland. This event takes place over two sessions, participants are expected to attend both sessions. Booking early is encouraged as spaces may be limited. We use an online booking process which can be used by:

- Member Services to book on behalf of practitioners.
- Practitioners from Member Services who wish to self-fund.

The link to the online booking form for this event can be found here: <https://forms.office.com/e/JRtVE4F5VE>

If you have any questions about the booking process, please contact Diana Sinclair:
diana.sinclair@relationships-scotland.org.uk

BOOKING TERMS

Booking for CPD events will be confirmed by email within 10 days of submission. Please check your inbox and/or junk mail, if you have any issues receiving this email please contact us immediately. Member Services or Self-funded practitioners will be sent an invoice for the course fee before the event, please do not make a payment until you have received this invoice as it will have a unique invoice number for the payment reference.

Cancellations within 14 days of the event and non-attendance will be charged in full. Member Services/practitioners must notify us of any cancellations by email. Where appropriate, Member Services may transfer a place to another attendee if the original person cannot attend, we must be informed of this ahead of the event taking place. If a CPD event is cancelled by Relationships Scotland (because of insufficient numbers or unforeseen circumstances) then all fees will be fully refunded. We are unable to reimburse out-of-pocket expenses, such as travel and accommodation.

In exceptional circumstances, Member Services/practitioners may request a refund of the cost of the training event or a free place at a future event. Examples of exceptional circumstances include admission to hospital at short notice, or a family bereavement. We are unable to reimburse out of pocket expenses, such as travel and accommodation. Requests for refunds or credits for future events will be considered by the Office Bearers Group (Chair, Vice-Chair, Treasurer of the National Office). All request for refunds/free places at future events should be made in writing or by email to the CPD Manager, sonia.bruce@relationships-scotland.org.uk

SYSTEM REQUIREMENTS

The session will be delivered using the Zoom platform. You can attend this CPD event from a private space anywhere using a compatible computer or tablet connected to the internet. You will need to download Zoom to access the session: <https://zoom.us/> Please make sure you have the most recent version of Zoom. Please note, some organisations have additional security settings that may prevent you from accessing the CPD event on an organisational device.

Please also ensure that you have the required bandwidth and internet speed. You can test whether you are able to join a Zoom meeting here: <https://zoom.us/test> Relationships Scotland are unable to provide refunds when there are issues with a participant's IT which prevent them from accessing the CPD event. Please contact the CPD Manager if you are unsure about the use of the technology sonia.bruce@relationships-scotland.org.uk

ACCESSING THE EVENT ONLINE

A link to the session will be sent out a few days before the event. Please ensure that the email address to which the link should be sent is clear in the Booking Form. It is also important that the Zoom account uses the same name that you used to register for the event. The Relationships Scotland CPD Host will use this information to admit participants into the event and to confirm attendance certificates. The username for your Zoom account can be amended by signing into Zoom and going to the profile section of your account.

